



Telehealth Informed Consent

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TRC Wellness offers certain services through telehealth technologies, which may include secure video conferencing or other electronic communication met

1. Telehealth & Key Benefits

Telehealth offers several advantages, including but not limited to the following:

- Improved access to care
- Reduced travel time
- Greater flexibility for appointments

2. Telehealth & Potential Risks

TRC Wellness employs secure technology to minimize risks to client health and well-being. While every effort is made to provide diligent care and take necessary precautions, certain risks may still remain

- Technical interruptions
- Unauthorized access if technology is not secure
- Limitations in the ability to perform certain physical assessments

3. Telehealth & Confidentiality

Telehealth services follow the same confidentiality protections as in-person care under the **Health Insurance Portability and Accountability Act**. Sessions are not recorded without explicit consent.

4. Telehealth & Patient Responsibilities

Patients participating in telehealth agree to:

- Participate from a private location when possible
- Protect the confidentiality of session information
- Notify the provider if technical issues occur

5. Telehealth & Emergencies

Telehealth is not **appropriate for emergencies**. If you are experiencing a mental health crisis, please call **911** or go to the nearest emergency department.

6. TRC Telehealth Consent

By participating in TRCWellness telehealth services you acknowledge and consent to the following:

- I understand the benefits and risks of telehealth
- I consent to receiving services through telehealth technology

7. TRC Nondiscrimination & Accessibility Notice

TRC Wellness complies with federal civil rights laws and does not discriminate on the basis of:

- Race
- Color
- National Origin
- Age
- Disability
- Sex
- Gender Identity
- Sexual Orientation
- Religion

TRC Wellness provides services in a manner that respects the dignity and diversity of every individual. This commitment aligns with the protections established under the Americans with Disabilities Act.